

FFC Indoor Triathlons

Oak Park Results

January 17, 2009

Overall - Female

	Athlete	Age Group	Div	Swim Lengths	Swim Miles	Bike Miles	Run Miles	Total
1st	Ruth Buffalo	F49-55	E	22	0.31	7.35	1.60	9.26
2nd	Krisa Urchell	F27-	E	19	0.27	6.97	1.93	9.17
3rd	Paige Bartley	F28-34	E	21	0.30	7.00	1.75	9.05
	Jen Bortman	F35-41	E	24	0.34	7.22	1.43	8.99
	Suzanne Holmes	F42-48	E	18	0.26	6.83	1.84	8.93
	Anat Kramer	F27-	E	22	0.31	6.68	1.89	8.88
	Katherine Krebsbach	F28-34	B	29	0.41	6.40	2.07	8.88
	Amy Parr	F27-	E	24	0.34	6.05	1.85	8.24
	Patty McEnaney	F49-55	B	16	0.23	6.78	1.15	8.16
	Mary Fehrman	F28-34	B	17	0.24	6.17	1.67	8.08
	Sally Kolin	F42-48	E	19	0.27	6.24	1.42	7.93
	Roberta Eastman	F28-34	B	18	0.26	5.70	1.71	7.67
	Julie Carpenter	F49-55	E	24	0.34	6.28	0.95	7.57
	Maria Pappas	F56+	E	19	0.27	5.70	1.50	7.47
	Brett Balmer	F35-41	E	20	0.28	5.64	1.37	7.29
	Kelly McCabe	F28-34	B	16	0.23	5.59	1.38	7.20
	Vicki Witt	F42-48	B	19	0.27	4.73	1.21	6.21

Experienced Division - Age Group Winners

1st	Krisa Urchell	F27-	E	19	0.27	6.97	1.93	9.17
1st	Paige Bartley	F28-34	E	21	0.30	7.00	1.75	9.05
1st	Jen Bortman	F35-41	E	24	0.34	7.22	1.43	8.99
1st	Suzanne Holmes	F42-48	E	18	0.26	6.83	1.84	8.93
1st	Ruth Buffalo	F49-55	E	22	0.31	7.35	1.60	9.26
1st	Maria Pappas	F56+	E	19	0.27	5.70	1.50	7.47

Beginner Division - Age Group Winners

1st	Katherine Krebsbach	F28-34	B	29	0.41	6.40	2.07	8.88
1st	Vicki Witt	F42-48	B	19	0.27	4.73	1.21	6.21
1st	Patty McEnaney	F49-55	B	16	0.23	6.78	1.15	8.16

FFC Indoor Triathlons

Oak Park Results

January 17, 2009

Overall - Male

	Athlete	Age Group	Div	Swim Lengths	Swim Miles	Bike Miles	Run Miles	Total
1st	Thomas Gerlach	M27-	E	28	0.40	9.60	2.59	12.59
2nd	Michael Wood	M42-48	E	21	0.30	9.38	2.33	12.01
3rd	JD Miller	M28-34	E	22	0.31	9.50	2.03	11.84
	Hurricane Helt	M35-41	E	19	0.27	8.70	1.99	10.96
	Paul Gustab	M28-34	E	22	0.31	8.53	2.00	10.84
	Roman Ebert	M35-41	B	15	0.21	8.16	2.07	10.44
	Dan Gutierrez	M28-34	E	18	0.26	7.79	1.99	10.04
	Sixto Linares	M49-55	E	25	0.36	7.61	1.83	9.80
	Tim State	M35-41	B	33	0.47	7.20	2.11	9.78
	Steve House	M49-55	E	16	0.23	7.35	2.01	9.59
	David Walters	M28-34	E	25	0.36	7.00	2.13	9.49
	Harry Vogt	M27-	B	29	0.41	6.10	2.08	8.59
	Chris Sculles	M35-41	B	16	0.23	6.70	1.51	8.44
	John Ragonese	M35-41	E	20	0.28	5.93	1.89	8.10
	Yoav Azaria	M27-	B	17	0.24	5.69	2.10	8.03
	Dean Klovens	M49-55	E	14	0.20	6.00	1.59	7.79

Experienced Division - Age Group Winners

1st	Thomas Gerlach	M27-	E	28	0.40	9.60	2.59	12.59
1st	JD Miller	M28-34	E	22	0.31	9.50	2.03	11.84
1st	Hurricane Helt	M35-41	E	19	0.27	8.70	1.99	10.96
1st	Michael Wood	M42-48	E	21	0.30	9.38	2.33	12.01
1st	Sixto Linares	M49-55	E	25	0.36	7.61	1.83	9.80

Beginner Division - Age Group Winners

1st	Harry Vogt	M27-	B	29	0.41	6.10	2.08	8.59
1st	Roman Ebert	M35-41	B	15	0.21	8.16	2.07	10.44