

FFC Indoor Triathlon - Oak Park - OVERALL MALE RESULTS

SATURDAY, January 19, 2008

men	SWIM	BIKE	POOL	RUN	WAVE	TOTAL	
Overall	LENGTHS	MILES	MILES	MILES	#	MILES	
Ben Mueller	21	9.71	0.29	2.53	1	12.53	1st Overall
Robert Butt	20	8.68	0.28	2.30	4	11.26	2nd Overall
Brennan Young	21	8.18	0.29	2.31	5	10.78	3rd Overall
Sixto Linares	27	8.07	0.38	1.87	3	10.32	
Patrick Williams	23	7.87	0.32	2.13	10	10.32	
Michael Miles	23	7.91	0.32	1.93	2	10.16	
JD Miller	22	7.75	0.31	1.95	10	10.01	
Norb Pozen	18	7.73	0.25	1.89	2	9.87	
Joe Donnelly	23	7.55	0.32	1.79	1	9.66	
CJ Sebastian	14	7.77	0.19	1.69	9	9.65	
Paul Gustab	20	7.44	0.28	1.51	12	9.23	
Michael Sutter	24	6.97	0.33	1.89	3	9.19	
Ken Fecko	19	7.36	0.26	1.46	6	9.08	
Chris Hohn	32	6.23	0.44	1.91	9	8.58	
Mike Reidy	13	6.76	0.18	1.60	1	8.54	
John Ragonese	18	6.06	0.25	1.79	8	8.10	
Adam Wengert	16	6.31	0.22	1.56	6	8.09	
Aaron Bruno-Lewis	24	6.19	0.33	1.21	6	7.73	
Robert Euler	22	5.49	0.31	1.83	4	7.63	
Jim Bakutis	9	6.19	0.13	1.01	4	7.33	
Bruce Critelli	19	5.71	0.26	1.22	6	7.19	
DQ Milligan	22	5.51	0.31	1.32	13	7.14	
Paul Thompson	0	5.47	0.00	1.04	13	6.51	
Darrin Andrews	10	3.74	0.14	0.99	11	4.87	

FFC Indoor Triathlon - Oak Park - MALE AGE GROUP RESULTS

SATURDAY, January 19, 2008

Men 25&Under	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	TOTAL MILES
			0.00			0.00
Men 26-29	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	TOTAL MILES

Ben Mueller	21	9.71	0.29	2.53	1	12.53	1st Age Group
Paul Gustab	20	7.44	0.28	1.51	12	9.23	2nd Age Group
Aaron Bruno-Lewis	24	6.19	0.33	1.21	6	7.73	

Men 30-34	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	MILES	
Brennan Young	21	8.18	0.29	2.31	5	10.78	1st Age Group
Michael Miles	23	7.91	0.32	1.93	2	10.16	2nd Age Group
JD Miller	22	7.75	0.31	1.95	10	10.01	
John Ragonese	18	6.06	0.25	1.79	8	8.10	
Adam Wengert	16	6.31	0.22	1.56	6	8.09	

Men 35-39	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	TOTAL MILES	
Patrick Williams	23	7.87	0.32	2.13	10	10.32	1st Age Group
Michael Sutter	24	6.97	0.33	1.89	3	9.19	2nd Age Group
Chris Hohn	32	6.23	0.44	1.91	9	8.58	

Men 40-44	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	TOTAL MILES	
Robert Butt	20	8.68	0.28	2.30	4	11.26	1st Age Group
DQ Milligan	22	5.51	0.31	1.32	13	7.14	2nd Age Group
Paul Thompson	0	5.47	0.00	1.04	13	6.51	
Darrin Andrews	10	3.74	0.14	0.99	11	4.87	

Men 45-49	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	TOTAL MILES	
Jim Bakutis	9	6.19	0.13	1.01	4	7.33	1st Age Group
Bruce Critelli	19	5.71	0.26	1.22	6	7.19	2nd Age Group

Men 50-54	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	TOTAL MILES	
Sixto Linares	27	8.07	0.38	1.87	3	10.32	1st Age Group
Norb Pozen	18	7.73	0.25	1.89	2	9.87	2nd Age Group
Joe Donnelly	23	7.55	0.32	1.79	1	9.66	

Men 55 & Up	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	TOTAL MILES	
CJ Sebastian	14	7.77	0.19	1.69	9	9.65	1st Age Group
Ken Fecko	19	7.36	0.26	1.46	6	9.08	2nd Age Group
Mike Reidy	13	6.76	0.18	1.60	1	8.54	
Robert Euler	22	5.49	0.31	1.83	4	7.63	

FFC Indoor Triathlon - Oak Park - OVERALL FEMALE RESULTS
SATURDAY, January 19, 2008

men	SWIM	BIKE	POOL	RUN	WAVE	TOTAL
Overall	LENGTHS	MILES	MILES	MILES	#	MILES

Susan Kramer	23	7.41	0.32	2.01	5	9.74	1st Overall
Natalie Gordon	25	7.33	0.35	1.44	2	9.12	2nd Overall
Susan McMullan	19	6.85	0.26	1.85	12	8.96	3rd Overall
Polly Gaza	25	6.53	0.35	1.82	2	8.70	
Rolinda Stevenson	12	7.18	0.17	1.06	11	8.41	
Jill Panovich	14	6.6	0.19	1.53	12	8.32	
Kati Krajewski	24	6.01	0.33	1.81	8	8.15	
Ruth Buffalo	20	6.54	0.28	1.24	2	8.06	
Rabith Mayas	16	6.25	0.22	1.55	10	8.02	
Cathy Mindeman	18	5.92	0.25	1.39	1	7.56	
Sharon Winston	12	5.72	0.17	1.54	8	7.43	
Maria Pappas	19	5.79	0.26	1.38	1	7.43	
Nancy Hurst	19	5.38	0.26	1.70	7	7.34	
Gesina Keating	22	5.23	0.31	1.71	7	7.25	
Kathryn Stoehr	13	5.38	0.18	1.63	9	7.19	
Kathy Tossas-Milligan	18	5.68	0.25	1.26	13	7.19	
Libby Hurley	23	5.32	0.32	1.51	7	7.15	
Molly Quinn	26	5.29	0.36	1.49	9	7.14	
Christina Cocco	13	5.58	0.18	1.22	4	6.98	
Tammy Tran	25	4.87	0.35	1.44	8	6.66	
Pam Newman	19	5.12	0.26	1.24	7	6.62	
Frances Shields	10	4.84	0.14	0.93	11	5.91	
Karen Harris	16	4.83	0.22	0.74	12	5.79	
Patty Okete	14	4.76	0.19	0.69	11	5.64	
Marcia Sligh	14	4.65	0.19	0.79	10	5.63	
Carolyn Pomykala	17	4.02	0.24	1.11	13	5.37	

FFC Indoor Triathlon - Oak Park - FEMALE AGE GROUP RESULTS
SATURDAY, January 19, 2008

Women 25&Under	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	TOTAL MILES	
Tammy Tran	25	4.87	0.35	1.44	8	6.66	1st Age Group
Pam Newman	19	5.12	0.26	1.24	7	6.62	2nd Age Group
Women 26-29	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	TOTAL MILES	
Natalie Gordon	25	7.33	0.35	1.44	2	9.12	1st Age Group
Kati Krajewski	24	6.01	0.33	1.81	8	8.15	2nd Age Group
Rabith Mayas	16	6.25	0.22	1.55	10	8.02	
Cathy Mindeman	18	5.92	0.25	1.39	1	7.56	
Christina Cocco	13	5.58	0.18	1.22	4	6.98	
Women 30-34	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	MILES	

Kathy Tossas-Milligan	18	5.68	0.25	1.26	13	7.19	1st Age Group
-----------------------	-----------	-------------	-------------	-------------	-----------	-------------	---------------

Women 35-39	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	TOTAL MILES	
Polly Gaza	25	6.53	0.35	1.82	4	8.70	1st Age Group
Karen Harris	16	4.83	0.22	0.74	12	5.79	2nd Age Group

Women 40-44	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	TOTAL MILES	
Nancy Hurst	19	5.38	0.26	1.70	7	7.34	1st Age Group
Gesina Keating	22	5.23	0.31	1.71	7	7.25	2nd Age Group
Kathryn Stoehr	13	5.38	0.18	1.63	9	7.19	
Libby Hurley	23	5.32	0.32	1.51	7	7.15	
Molly Quinn	26	5.29	0.36	1.49	9	7.14	
Patty Okete	14	4.76	0.19	0.69	11	5.64	

Women 45-49	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	TOTAL MILES	
Susan McMullan	19	6.85	0.26	1.85	12	8.96	1st Age Group
Jill Panovich	14	6.6	0.19	1.53	12	8.32	2nd Age Group
Ruth Buffalo	20	6.54	0.28	1.24	5	8.06	
Sharon Winston	12	5.72	0.17	1.54	8	7.43	
Marcia Sligh	14	4.65	0.19	0.79	10	5.63	

Women 50-54	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	TOTAL MILES	
Susan Kramer	23	7.41	0.32	2.01	5	9.74	1st Age Group
Rolinda Stevenson	12	7.18	0.17	1.06	11	8.41	2nd Age Group
Frances Shields	10	4.84	0.14	0.93	11	5.91	
Carolyn Pomykala	17	4.02	0.24	1.11	13	5.37	

Women 55 & Up	SWIM LENGTHS	BIKE MILES	POOL MILES	RUN Miles	WAVE #	TOTAL MILES	
Maria Pappas	19	5.79	0.26	1.38	1	7.43	1st Age Group